
MIDWEST

disaster relief • education



MISSION

health • micro business

midwestmission.org

BIRTHING KIT SHOPPING LIST

- 1 bar soap - 3-4 oz
- 1 hand towel - no kitchen towels
- 1 washcloth - no dishcloths
- 2 contractor bags or heavy duty trash bags (2 mil+ thickness)
- 2 Receiving blankets - 28" x 28" to 32" x 32" - no fleece or thermal blankets
- 1 One-gallon resealable plastic bag
- \$3 donation for umbilical cord clamps, sterile surgical gloves, and disposable scalpel.

Do not send items with camouflage fabrics

*To find patterns, visit midwestmission.org/patterns