

**MIDWEST**

disaster relief • education



**MISSION**

health • micro business

## **BIRTHING KIT SHOPPING LIST**

- 1 bar soap - 3-4 oz
- 1 hand towel - no kitchen towels
- 1 washcloth - no dishcloths
- 1 One-gallon resealable plastic bag
- 2 contractor bags or heavy duty trash bags (2 mil+ thickness)
- 2 Receiving blankets - 28" x 28" to 32" x 32" - no fleece or thermal blankets
- \$3 donation for umbilical cord clamps, sterile surgical gloves, and disposable scalpel.



\*Place items in resealable plastic bag. Please, do not send items with camouflage fabrics. To find patterns, visit [midwestmission.org/patterns](http://midwestmission.org/patterns)

**Scan the code to learn how  
to assemble this kit!**

