

**MIDWEST**

disaster relief • education



**MISSION**

health • micro business

# Disaster Relief Hygiene Kit

(Based on the needs of those we are serving.)



- **1 hand towel**
- **1 washcloth**
- **1 bar soap (3-4 oz)**
- **1 adult toothbrush**
- **1 shampoo (12-19 oz.)**
- **1 deodorant (2-3 oz. - stick, roll-on, or pump)**
- **1 1-gallon resealable bag**

- 1. Lay out the hand towel horizontally. Lay out the washcloth in the center of the hand towel.**
- 2. Place the packaged bar soap in the middle of the washcloth.**
- 3. Place the toothbrush (in original packaging) next to the bar soap.**
- 4. Fold the bottom of the hand towel up over the items in the middle. Then fold the right side of the hand towel over. Then, fold over the left side. Finally, fold the top down.**
- 5. Place the rolled towel into the plastic bag.**
- 6. Add shampoo (taped shut with packing tape) and deodorant into the bag.**
- 7. If you'd like to add a prayer card, you can download it at [midwestmission.org/promotional-material](http://midwestmission.org/promotional-material), or scan the QR code.**  
**(We will add toothpaste at Midwest Mission, due to expiration dates)**

