

MIDWEST

disaster relief • education



MISSION

health • micro business

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BIRTHING KIT

Items for the Kit

- 1 Hand towel - no kitchen towels
- 1 Washcloth - no dishcloths
- 1 Piece cotton string - 36" long - no yarn
- 1 Bar soap - 3 to 4 oz
- 1 Pair gloves - medical exam gloves
- 1 Square yard clear plastic sheeting - 4 mil thick
- 1 Razor blade - single edge (cover in paper or cardboard to prevent injury)
- 2 Receiving blankets - 28" x 28" to 32" x 32" - no fleece or thermal blankets
- 1 1-gallon resealable plastic bag
- Please add your heartfelt prayers to each kit



**SCAN TO WATCH
INSTRUCTIONAL VIDEO**



or go to youtube.com/@midwestmission

For more information on making kits, collecting items for kits, and where to take the donations, visit midwestmission.org/collect-donate